

Bermagui Preschool Newsletter – September 20th 2023



2023/2024 Important Dates:

Spring Vacation Care Program: Mon 25th Sep to Fri 6th Oct

Labour Day Public Holiday (Preschool CLOSED): Mon 2nd Oct

Start of Term 4: Mon 9th Oct

End of Term 4: Wed 13th Dec

Staff Development & CHRISTMAS CLOSURE: Thu 14th Dec to Mon 1st Jan 2024

Summer Vacation Care Program: Tue 2nd Jan 2024 to Thu 25th Jan 2024

Australia Day Public Holiday (Preschool CLOSED): Fri 26th Jan 2024

Staff Development Day (Preschool CLOSED): Mon 29th Jan 2024

Preschool Orientation Day: Tue 30th Jan 2024.

(Children and families invited for $\frac{1}{2}$ hour orientation & re-enrolment session)

Start of Term 1 - 2024: Wed 31st Jan 2024

Please note these dates may be subject to change.

PJ Day

A reminder we are celebrating PJ Day all this week at Preschool... We are showing our support for a wonderful cause and inviting our children, families and staff to wear their Pyjamas to Preschool in week 10 (Monday 18th Sept- Friday 22nd Sept). Pyjama Day is to show support for children in foster care. For a gold coin donation we are encouraging children, families and educators to wear their PJ's this week. For more information please visit www.thepyjamafoundation.com

Preschool Closures

Thank you to all our families who supported us during our closure on Tuesday 19/09/2023. To ensure the safety and welfare of children and staff, the department determined that on days when NSW Rural Fire Service declares a Catastrophic Fire Danger Rating for our area, schools may be made non-operational due to changing higher risk conditions and advice from emergency services and the State Emergency Operations Centre. In consultation with the NSW Rural Fire Service and Department of Education, our Preschool may be made NON-OPERATIONAL at times throughout summer. We recommend that you regularly check Preschool emails and social media posts advising when the school maybe non-operational over summer. To assist the Preschool in contacting all families, please ensure that you have provided us with up-to-date contact details.

We also recommend that you stay up to date with bushfire and grassfire activity by using the Hazards Near Me app (set a watch zone for your school area), and by monitoring local media. You can also review fire activity and alert levels on the RFS website. The Fire Danger Rating does not mean there will be a bushfire, but rather weather conditions that could pose a high risk for a bushfire event. The measure is proactive to ensure staff, students and the community remain safe. We recommend that all our families follow the advice of the NSW Rural Fire Service and ensure that your family knows what to do if there is a fire. It can take as little as five minutes to make your plan. Discuss it with your family so you know what you will do in the event of a fire. www.myfireplan.com.au

We understand that managing the bushfire season maybe be a stressful time for staff and families alike. We are working together NSW RFS and NSW Department of Education to support our preschool children, families, staff, and the broader community to help us maintain safe and normal service operations as much as possible. Please note that unpredictability may continue, with possible changes on short notice. We advise families to be prepared for these changes. Thank you for your continued patience and understanding and please be kind to our staff who are doing their best to keep your child, other families, our staff and the broader community safe.

Tia is Leaving 😞

We have sadly accepted the resignation of Tia Bismire who has been offered a position elsewhere. We would like to thank Tia for her dedication to our children and preschool and wish her best of luck with her future endeavours on her new career path.

Position Vacant

Are you an Educator who wants to make a difference in the lives of children and families? Bermagui Preschool is seeking an Early Childhood Educator to join our team...

- Above award wages
- Permanent fulltime five (5) days or four (4) days per week position
- No shift work. Hours between 8am-4pm.
- Smaller group sizes with above adult: child ratios
- Working as part of a very friendly, experienced, passionate, and knowledgeable team of Early Childhood Educators and Teachers.
- Working in a not for profit, community preschool which is rated as exceeding in all 7 areas of the National Quality Framework and currently hold a rating of Excellent.

All applicants must hold or be working towards a Certificate III or Diploma in Early Childhood Education and Care, with experience preferred.

If you are motivated to join a team of early childhood professionals who are committed to educating children through an inspiring curriculum, please email bermikids@hotmail.com for an application package, including job description and selection criteria.

Sun Safety

Australia has one of the highest rates of skin cancer in the world, with two in three Australians developing some form of skin cancer before age 70. You can protect your child from the sun by teaching them to become SunSmart. It is also important to model good sun protection habits, as children learn by observing their parents' and caregivers' behaviour.

Our SunSmart message at Preschool is Slip, Slop, Slap, Seek, Slide. This message is a simple and effective way to reduce the risk of skin cancer.

* **Slip** on clothing to cover skin (Put on clothing that covers as much skin as possible. Choose lightweight, loose-fitting clothing that won't make your child too hot).

* **Slop** on sunscreen (Use SPF30 or higher broad-spectrum, water-resistant sunscreen on your child's face, arms, hands and any other skin that is not covered. Apply sunscreen 20 minutes before going outside and reapply every two hours. Sunscreen does not completely block out all UV radiation and should never be the only method of sun protection).

* **Slap** on a hat (Choose a hat that shades your child's face, back of the neck, eyes and ears, and is a suitable size for your child's head. Broad-brimmed, Legionnaire or bucket hats are best. Baseball caps and visors are not recommended).

* **Seek** shade (Try to use shade whenever possible. If you can, choose a shady place for your child to play, such as under a tree, shade sail or umbrella. UV radiation can burn even when you are in the shade, so it is important you and your child also wear sunscreen, a hat and appropriate clothing).

* **Slide** on sunglasses (Sunglasses are labelled with protection category ratings, which indicate how well they protect the eyes from UV radiation. Choose wrap-around sunglasses that are labelled category 2, 3 or 4. Category 1 or 0 sunglasses do not provide enough UV protection. A soft elastic strap will help to keep sunglasses in place for babies and toddlers).

At Preschool the children engaged with the many activities and are independently attempting to ensure their own sun safety. They were strategically taught how to apply their own sunscreen, have their own Preschool hat and also found lots of shady places to play outside. Inside we used stories, songs and activities to reinforce the SunSmart message. We will continue to support the children with their developing skills and ask that families also support these strategies at home. A big thank you for Bec and Manda for their work on our Preschool's Sun Safety Program. For further information visit

<https://www.sunsmart.com.au/.../be-sunsmart-play-sunsmart...>

Thankyou 😊:

➤ Josh (Clancy's Dad) for making sure our new washing machine was installed correctly.

Calling all Mango Lovers!

For the first time, Bermagui CWA is selling trays of delicious Kensington Pride MANGOES to raise money for our social housing project that is almost underway in Corunna Street, Bermagui. More on the project below. Buy one or more 4.5kg trays for \$25 per tray or \$24 each for 3 or more trays. Ask family and friends if they want to buy mangoes—you can add them to your order or forward this information so they can order and pay for themselves. An easy online ORDER FORM is here: <https://forms.gle/ZZTHMTQkz6LmoFeFA>

All orders and payments are due by 24th October 2023.

Pay by:

- Direct deposit into CWA New Units Build Account
BSB: 802124 Account number 100103156.
Please add your name and number of trays you have ordered to the transaction details, so we know who the payment is from.
- Cash by arrangement with Mango Coordinator Cath see phone number below.

Your mangoes will be available from the CWA Rooms 10 Corunna Street, Bermagui in late November or early December depending on the harvest. Details will be provided when delivery date is known. Contact Mango Coordinator Cath on 0419 491 104 if you have any questions.

CWA Social Housing

Back in the early 1980s, Bermagui CWA built four 'Aged Persons Independent Living Units' on their property in Corunna Street next to the CWA Rooms and Seaside Cottage. These became known as the Sinclair Units, named for Mrs Sinclair, who was the branch President at the time, and her well-known husband, Sam Sinclair, who contributed funds to the build. Funding of \$60,000 was received from the Commonwealth Department of Social Security and other locals contributed to the successful project in a variety of ways.

All four units have been occupied by tenants for over forty years and when one becomes available, a rare occurrence, the next tenant on the waiting list moves in quick smart. They are managed and maintained by the CWA as affordable social housing.

Thanks to another bequest some time ago from local woman, Florence Froggett, together with the proceeds from investments, Bermagui CWA has about 70% of the funds needed to build two more units on the site.

We are thrilled to announce that Get Smart Builders are scheduled to start onsite in the coming weeks.



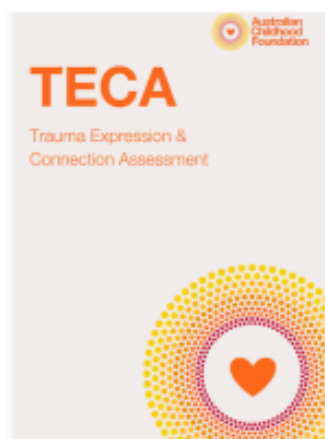
Australian Childhood Foundation Workshop Recognising and Responding to Trauma and Chronic Stress in Children and Young People

Bega Shire; Bega, Eden, Cobargo, Bemboka, Bermagui

Following the Bushfires and COVID-19 lockdowns, children and young people continue to experience the impacts of these events on their emotional wellbeing.

The Australian Childhood Foundation is delivering 2 hour workshops for everyone; parents, teachers, childcare educators, community members and professionals who work with children, who wish to learn more about how they can recognise and respond to trauma in children and young people.

Children and young people show their distress through behaviour. To help understand what might be going on and to decrease this distress, ACF have developed a tool called the TECA. This tool allows anyone to understand the child's fight, flight, freeze or fawn response, and how they can help the child to regulate and ultimately decrease their behaviours of distress.



Join us at:

Bega

Tue - 17/10/23
10am or 6pm

Bermagui

Wed- 18/10/23
10am or 6pm

Cobargo

Wed- 18/10/23
10am or 6pm

Eden

Tue - 21/11/23
1pm or 6pm

Bemboka

Wed- 22/11/23
10am or 6pm

Join us for a 2 hour workshop to
increase your understanding of trauma
and how you can support the children and
young people in your life

Please register by scanning QR Code

Enquiries can also be directed to
childspaceNSW@childhood.org.au



**Australian
Childhood
Foundation**

Mother Goose Musical Storytime

with Arcadia Winds



Be captivated by Sleeping Beauty in the woods; follow Little Tom Thumb on his adventures in the forest; and be thrilled alongside Laideronnette as she explores a new, magical world. All the while learning about the weird and wonderful instruments of the wind quintet!



Bermagui Library
Thu 28 Sep, 10.30am

Book online at
begavalley.events.mylibrary.digital
Phone the library on 6499 2127



SPRING SCHOOL HOLIDAYS AT THE LIBRARY

For school age children

Local Ecology Talk - Platypus

Bega Library - Saturday 16 Sep, 10.30

Mother Goose Musical Storytime

Tura Marrang Library - Tuesday 26 Sep,
10.30am

Vegetable Piano

Eden Library - Wednesday 27 Sep
10:30am

Mother Goose Musical Storytime

Bermagui Library - Thursday 28 Sep,
10.30am

STEM Lego Challenge

Bega Library - Tuesday 3 Oct, 2.00pm

Magnetic Slime

Tura Marrang Library - Wednesday 4
Oct, 10:30am

Local Ecology Talk - Koalas

Eden Library - Wednesday 4 Oct,
10.30am

For younger children

Teddy Bear's picnic

Bega Library - Tuesday 26 Sep, 10.30am

Paperdolls Live Puppet Show

Tura Marrang Library - Thursday 28 Sep,
10.30am

Holiday Rhymetime

Tura Marrang Library - Tuesday 3 Oct,
10.30am

Spooky Storytime

Eden Library - Friday 6 Oct, 10.30am

For youth

Late Night Libraries

Tura Marrang Library - Friday 29 Sep,
5.00pm

Late Night Libraries

Bega Library - Friday 6 Oct, 5.30pm

HSC Hustle

Bega Library - Monday 9 Oct, 5.30pm



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