

Bermagui Preschool Newsletter – 19th May 2023



2023/2024 Important Dates:

King's Birthday Public Holiday (Preschool CLOSED):	Mon 12 th Jun
End of Term 2:	Fri 30 th Jun
Winter Vacation Care Program:	Mon 3 rd Jul to Fri 14 th Jul
Start of Term 3:	Mon 17 th Jul
End of Term 3:	Fri 22 nd Sep
Spring Vacation Care Program:	Mon 25 th Sep to Fri 6 th Oct
Labour Day Public Holiday (Preschool CLOSED):	Mon 2 nd Oct
Start of Term 4:	Mon 9 th Oct
End of Term 4:	Wed 13 th Dec
Staff Development & CHRISTMAS CLOSURE:	Thu 14 th Dec to Mon 1 st Jan 2024
Summer Vacation Care Program:	Tue 2 nd Jan 2024 to Thu 25 th Jan 2024
Australia Day Public Holiday (Preschool CLOSED):	Fri 26 th Jan 2024
Staff Development Day (Preschool CLOSED):	Mon 29 th Jan 2024
Preschool Orientation Day:	Tue 30 th Jan 2024
(Children and families invited for $\frac{1}{2}$ hour orientation & re-enrolment session)	
Start of Term 1 - 2024:	Wed 31 st Jan 2024

Please note these dates may be subject to change.

What's On at Preschool...

In the Bidhu Room we are focusing on Australian animals and native habitats, following Narelle's excitement about spotting a Koala near the Murrah Hall recently. At the entrance to our room the children have created a mural depicting their knowledge of koalas and other native animals. We are looking forward to local Koala experts and National Parks Field Officers visiting us soon to talk to us about our local fauna and flora and how we can help look after our natural environments.

Preschool Photos

Preschool photos have arrived!!! If you have not received your photos yet, they are available in the Preschool office. A big thank you to Tara for creating such beautiful photos of our gorgeous Preschoolers. If you have any questions regarding preschool photos or would like to chat to Tara about her wonderful photography please contact tara@daisyhillphotography.com.au

Work Experience

If you notice a new face around preschool, we will have Jada from Bega High School completing Year 10 work experience with us here at Bermagui Preschool. Bermagui Preschool encourages student participation as we are committed to assisting young people and those interested in careers in early education and care to gain valuable experience in preschool settings and knowledge regarding high quality early education and care.

Milk and Juice Containers Needed

Our educator Tegan is looking for donations of clean empty milk and juice containers. Please leave any donations in the milk crate located at the front of preschool, thanks!

2023 Influenza Vaccination

The Influenza Vaccine is free for all children aged 6 months to less than 5 years. For further information visit your local health professional or visit health.gov.au/flu

Calm Transitions to and from Preschool

Entering and leaving preschool can be a tricky time for children (and families). Children can often be excited, overwhelmed or experiencing separation anxiety, with a lot of emotional energy needing to be expressed by our young children. Children all react differently to stress and big emotions. Some cope well, while others may become anxious, over excited and/or emotional even during minor transitions.

There are many different types of transitions children will go through in their lifetime, so providing them with positive experiences in transition can support the building of life skills. Here are some suggestions to help children arrive and leave preschool calmly:

- Plan ahead. Teach your children what is expected when they arrive or depart at preschool. A quick chat before coming to preschool about coming in calmly and confidently can remind children that although they may be excited or nervous there are ways they can be calm, happy and confident with transitions.
- A transitional object such as a bear, blanket or toy provides a link with home and gives the child comfort and security to reduce their potential stress. It can also act as a distraction to the child if the focus becomes the object rather than the movement between settings.
- Each of the children have a focus educator who can help children settle and depart smoothly from preschool. This helps to build secure attachments to at least one educator. Over time, our educators facilitate children's interactions and relationship building with other educators and children if support is needed. It is important that children build strong attachments to multiple educators because there are inevitably times when the primary caregiver is absent from the service, e.g. due to illness, holidays and the roster. Without multiple attachments, the child may be distressed that the one adult they are attached to in the service is not there. If you are not sure who your child focus educator is please ask.
- Just as educators guide children, so do environments and resources. If you know your child has a favourite activity or place to play and learn at preschool please use this to help your child settle in. If it isn't available, please let an educator know so your child can be supported to access what they need.

Policy Update

Services are legally required to ensure families are notified of any changes to policies which affect: the service's provision of education and care to any enrolled child or a family's ability to use the service; fees; or fee collection procedures, 14 days in advance. (Education and Care Services National Regulations 2011). Bermagui Preschool is currently reviewing the **Bermagui Preschool Philosophy and Arrival and Departure Policies**. Copies of the existing policy are available on our website and the proposed Policies are available on request at Preschool for families to review and provide feedback via email bermikids@hotmail.com. Please see Narelle for further information.

Thankyou 😊:

- Claire Wheaton (Mack's Mum) and Ella Sayers (Gene's Mum) for their support with our pedestrian crossing in Bermagui project
- Louise (Sid and Mali's mum) for donating underwear to our preschool
- Luke and Louise (Sibella and Siena's parents) for donating a voucher for Mister Hope to keep our educators happy and caffeinated 😊😊😊