

# Bermagui Preschool Newsletter – 3 March 2023



## 2023 Important Dates

**Bermagui Preschool AGM (see below):** Friday 24<sup>th</sup> March, 9:15am

**Last Day of Term 1:** Thursday 6th April

**Good Friday:** Friday 7th April (Preschool **CLOSED**)

**Easter Monday:** Monday 10th April (Preschool **CLOSED**)

**Autumn Vacation Care:** Tuesday 11th April to Friday 21st April

**First Day of Term 2:** Monday 24th April

**ANZAC Day Public Holiday:** Tuesday 25th April (Preschool **CLOSED**)

**Please note these dates may be subject to change.**

## What's On at Preschool...

At Preschool we have been focusing on art and sculpture projects, with the children working collaboratively on a sculpture they will have displayed in the tent at the Bermagui Sculptures Exhibit next week... remember to visit this fabulous exhibition to see the children's amazing creation and the wonderful sculptures from local and visiting artists. If you have any suggestions or ideas for our Preschool program, feel free to mention these to our educators.

A reminder to also check your emails (Educate/ Hubhello and newsletter), the noticeboards at the front of Preschool and follow Bermagui Preschool's Facebook page to stay in touch with what's happening at Preschool.

## Healthy Lunch Boxes

We have noticed lots of wonderful healthy lunchboxes coming into Preschool, with the children excited to show us the yummy healthy things they have. A big thank you to all families for promoting healthy eating habits and supporting our Preschools focus on nutrition, "nude foods" and healthy food choices. Check out the wonderful "Healthy Lunch Box" poster our Preschool children have created at the front of Preschool 😊 Our "Kids in the Kitchen" cookbooks have also arrived. Keep an eye out for details about our Cookbook Launch coming up towards the end of this term. Stay tuned!!!



## Safe Road Crossing in Bermagui

It has come to our attention that crossing roads in Bermagui has become increasingly challenging for many people in our community, including families with young children, people with mobility challenges and our elderly. If you have any stories, information, photos or suggestion regarding your experiences of crossing roads in Bermagui with your children and family, please share these with our staff. We hope to present these to council and community groups to support the development of safer roads, crossings and shared pathways in Bermagui.

## StEPS Vision Screening

All eligible children have now received their vision screening consent forms. We ask that families please return these immediately so the vision screening visit can be scheduled. Please see staff if you have not received, completed or returned the screening consent forms for your child.

## Moodji Farm Request for Toilet Rolls

Moodji Project Manager, Dan Bakker is in need of toilet rolls for garden projects. Please leave your toilet rolls in the basket at the front of Preschool. Thank you.

## Four Winds:

On Easter Saturday, Four Winds Music Festival audiences will witness a stunning display of powerful female vocals. Sounds are set to soar in the sound shell amphitheatre with voices hailing from the Torres Strait and Papua New Guinea, [Jess Hitchcock](#) and [Ngaiire](#) - two performers whose story telling and mastery of their genre is unmatched. Ngaiire and Jess Hitchcock headline the evening concert ECLIPSE, performing with the Four Winds Festival Orchestra in a neo-soul dreamscape under the stars. Roll out your picnic rug, enjoy delicious food and drink and be transported. Bring the family - Under 8s are free! For every ticket purchased using the code BPRE2546, our school will receive \$5 donation from Four Winds! When you book your ticket, enter the unique code shown in the Eclipse ad in this newsletter. It's as easy as that! Let's see how much we can raise for the school!

**DATE:** EASTER SATURDAY, 8 APRIL    **TIME:** 6-8PM

**VENUE:** The Sound Shell at Four Winds Music Festival, 17 Four Winds Road, Barragga Bay

**TICKETS:** \$60 GENERAL ADMISSION, \$55 CONCESSION, \$45 U16, U8 **FREE**

**BOOK NOW** [www.fourwinds.com.au](http://www.fourwinds.com.au)

**FREE BUSES:** Free buses will run between Bermagui and the Festival. For details, visit [www.fourwinds.com.au](http://www.fourwinds.com.au)

For more information contact **Madison Phillips**, Marketing & Communications Coordinator, Work days Monday, Tuesday, Wednesday, Phone: [+61 2 6493 3366](tel:+61264933366), Mob: +61 491 087 459

## Sculptures Bermagui

Staged in the heart of unspoilt nature, Sculpture Bermagui is one of the NSW Far South Coast's most popular events. It is held over 9 days each March in a charming coastal village surrounded by magnificent forests and splendid beaches. This year the exhibits will be open from Saturday 11<sup>th</sup> to Sunday 19<sup>th</sup> March. The Outdoor sculptures are displayed on the beautiful Dickinson Point headland and foreshore overlooking Horseshoe Bay and Gulaga. The indoor sculptures are displayed in the nearby Bermagui Surf Club out of the elements, to enable appreciation of them and their more vulnerable nature. With works coming from across the country and occasionally overseas, we continue to exhibit a high standard of artistic expression, diversity and quality, with a focus on affordability too. The program often includes extra activities like engaging workshops, music and poetry.

The children are also excited to have their own sculptures displayed in the tent on the headland. Remember to go visit it to see the children's amazing work!!! For further information about Sculptures Bermagui visit <https://sculpturebermagui.org.au/>

## Signing In/ Out

Please remember it a legal responsibility under the Education and Care National regulations and Law act for all children to be signed in and out of preschool by a parent or guardian. Significant fines and penalties are attached for failure to comply with these regulations and laws. We ask all families to please make sure QR Codes or iPads are used each time to sign your child in and out each day. Thank you.

## Thankyou 😊:

- Tenielle (Skadi's mum) for donating clothes to our Preschool
- People who have nominated to be on our Preschool Board of Directors for 2023

## Challenging Behaviour

The Teachers and Educators at Bermagui Preschool work hard to ensure the Preschool is a place for learning, fun and above all safety for all children. Children come with a wide range of personalities, backgrounds and interaction skills, so at times there may be occasions when children need support to manage and regulate their behaviour. We work with our children and families to ensure each child is supported. In summary...

### **1. We have an agreed understanding of age/ developmentally appropriate behaviour.**

Challenging behaviours, although not pleasant, are normal and age appropriate. Please let us reassure you these behaviours are not frequent at Bermagui Preschool, however when they do occur our staff take it very seriously and are guided by our Preschool Policies, our early childhood training and pedagogical knowledge, deliver strategies to support children to develop positive social skills, emotional regulation and resilience. The role of our staff is twofold: to assist the children to regulate and manage their behaviour when frustrated, tired or emotional with children supported to learn new behaviour and make choices that include sharing, turn taking, waiting, losing graciously and managing feelings of anger, frustration and sadness. We also make sure children are learning to be resilient, confident, safe and secure, learning to be empowered and to overcome adversity, incidents and mistakes.

**2. We work closely with families to support children.** Sharing information about your child helps each child to be supported. Acknowledging child's feelings and supporting them to find a solution can help children to feel resilient and empowered. Helping your child to learn new skills by modelling and suggesting strategies is also very powerful. Some of the scripts we use at Preschool include saying "Can I join your game?", "Can I have my turn next/ when you have finished?" "How did that make you feel?" "What could you do next time?", "Stop I don't like that"

**3. We are there to support children.** Whether at Preschool or in a social setting with family and friends, young children need adult support and guidance to learn and develop skills, so they can use these skills independently as they get older. "Children who are shielded from upsets and disappointments, hinder the development of resilience. During life we will experience many disappointments, failures, hardships and tragedies, but it is how we deal with them that is important. If we are protected from experiencing them on a small scale as children, how will we learn to handle them as adults" (Social and Emotional Learning, Volume 7, Every Child Journal). Our staff love and care for your children and will endeavour to minimise and manage challenging situations and behaviour. However we cannot stop it completely, as we are dealing with children who are learning and exhibiting normal childhood behaviour. By working in partnership with our children, families and staff we can support children to be kind and gentle, assert themselves to feel confident, engage an adult to help when needed, and most importantly to practise problem solving, sharing and caring and skills that will benefit them beyond their Preschool years. A copy of our policies are available on request, or you may like to visit "The Circle of Security" "Maggie Dent" or "Sue Larkey" webpages.

# DANCE

## WITH **FLING** ON TUESDAYS AT THE BERMAGUI COMMUNITY CENTRE

Come and Dance with FLING Co Artistic Director Gabby Rose who is a tertiary qualified & experienced dance educator. Gabby is passionate about having fun, being creative, & generating joy in her classes, (plus you'll learn some great moves too!)

### CLASS TIMETABLE

**3:00-3:40pm - Junior Dance Creatives (3-5yrs)**

**3:40-4:20pm - Young Dance Creatives (kinder-8yrs)**

**4:20-5:00pm - Youth Ballet (5yrs+)**

**5:00-5:40pm - NEW Upper Primary Dance Creatives (9yrs+)**

**5:40-7:00pm - Pleasure Practice for Adults**

We welcome movers of all experience levels & abilities.

We LOVE helping you build new skills & increase your confidence!



LEARN MORE & BOOK IN



[WWW.FLINGPHYSICALTHEATRE.COM.AU](http://WWW.FLINGPHYSICALTHEATRE.COM.AU)

## Bermagui Preschool AGM

Dear Parents, Caregivers, Volunteers and Members of our Community,

Our Annual General Meeting will be held on Friday 24th March 2023 @ 9:15am. At our AGM our 7 Board Members for 2023 will be elected. These Board Members will represent our families at our Board meetings for 2023. Meetings are held approximately once a month (at the Preschool and/ or via Messenger Video). The fabulous Catherine Chen will be available for governance training, for anyone interested in learning about or enhancing their Board Member/ Committee skills.

You can be involved by putting up your hand to be elected for one of the 7 positions on the Board by completing the nomination slip below or simply by coming along to show your support!!! The AGM will run for approximately 15 minutes.

The AGM will include a brief presentation of reports, followed by all positions on the Board of Directors being declared vacant. Nominations will be called for the 7 positions for the 2023 Board of Directors. These positions are all equal, with no position having power or more responsibility over others, i.e. there will be no titles such as president, secretary or treasurer.

Nominations will be read as received prior to the AGM. If you are unable to attend the meeting and wish to be considered for election, please complete the attached nomination slip. If more than 7 people are nominated, then all those who are entitled to vote (i.e. all parents/ caregivers who have paid Preschool fees) will be given a ballot paper to record the people they wish to see elected. The 7 people receiving the highest number of votes will become the new Board. Once elected, the Board members will meet approximately once a month to make decisions related to the "macro" management of the preschool, such as strategic planning, overall directions etc. The date for the first Board Meeting will be set by the newly appointed Board of Directors. Once the Board has been elected, the Annual General Meeting will be closed.

If you are interested, or know someone in the community who may be interested in becoming a board member, or wish to discuss what is involved in being a Board Member please see Narelle. A Board of Directors Induction Folder containing lots of information is available in the office.

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Please detach and return to Preschool.

My family will be attending the AGM at Preschool on Friday 24<sup>th</sup> March 2023, 9:15am at Bermagui Preschool

Name: \_\_\_\_\_

Number of Adults: \_\_\_\_\_ Number of Children: \_\_\_\_\_

I would like to nominate for a position on the 2023 Bermagui Preschool Board of Directors.

\_\_\_\_\_ (insert name) \_\_\_\_\_ (signature) \_\_\_\_\_ (date)

Nomination Moved By: \_\_\_\_\_ (name) \_\_\_\_\_ (signature) \_\_\_\_\_ (date)

Nomination Seconded By: \_\_\_\_\_ (name) \_\_\_\_\_ (signature) \_\_\_\_\_ (date)