## Bermagui Preschool Newsletter - March 17th March 2023

## 2023 Important Dates

Bermagui Preschool Annual General Meeting: Friday 24<sup>th</sup> March, 9:15am
Cookbook Launch: Wednesday 5<sup>th</sup> April, 2:45pm

End of Term 1: Thursday 6<sup>th</sup> April

Good Friday:

Friday 7<sup>th</sup> April (Preschool CLOSED)

Easter Monday:

Monday 10<sup>th</sup> April (Preschool CLOSED)

Autumn Vacation Care:

Tuesday 11<sup>th</sup> April to Friday 21<sup>st</sup> April

Start of Term 2: Monday 24th April

ANZAC Day Public Holiday: Tuesday 25th April (Preschool CLOSED)

Please note these dates may be subject to change.

#### What's On at Preschool...

Following the children's interests, we have been exploring flight. Aeroplanes, rockets, the moon and craters have all been subjects of our research, art and stories. Birds, butterflies, bubbles and even pterodactyls are also things that fly that the children have explored. The children made craters in our sand tray with marble "meteors", took turns with the model aeroplane we put together and made paper planes and helicopters during our quiet activity time. We even had a science activity with our exploding rocket, where bicarbonate and vinegar mixed together in the rocket and shot it into the air.

The Kinderkick program continues on Thursday mornings with Maddy O'Connor. A reminder to families whose children attended on Thursdays in the Bidhu room to please wear shoes children can run and play football in.

In the Bungaree Room the children have been focusing on home languages, including Greek, French and Filipino. They have been learning words, phrases and songs to share the rich and vibrant culture and language of our Preschool families. A reminder from the Bungaree educators to also please make sure your child has enough changes of clothing and nappies in their bag each day. If anyone has donations of children's pants and underwear, these are always gratefully accepted.

A reminder to visit the fabulous Sculptures Bermagui exhibition to see our children's amazing sculpture creation in the yellow tent as well as the wonderful sculptures from local and visiting artists. The exhibit finishes this Sunday.

#### **Preschool Photos:**

By now all families should have received their order forms for Preschool photos. Tara from Daisy Hill Photography will be visiting each morning on the week starting 27<sup>th</sup> March to take Preschool photos.

## Policy Review (Bottles)

The educators have reviewed our safe food handling practices and would like to remind all families with children using bottles to please clearly label your child's bottle with their name and date the bottle was prepared each day. Please see educators for more information.

## Cookbook Launch

We will be launching our Preschool Kids in the Kitchen Cookbook on Wednesday  $5^{th}$  April at 2:45pm. Families are invited to come along and join us for afternoon tea to test some of our yummy recipes, including sushi, carrot cake and muffins and to enjoy the first peek at our fabulous cookbook. Please complete the rsvp form below to help us with numbers for catering.

Name: _					
Number	attending:				

#### New Member to Our Team:

You may have seen a new face at Preschool in the last week or so... We would like to welcome Angelita Hochkins as a casual educator to our team. Angelita holds a Diploma of Early Childhood Education and Care and has experience in Long Day Care and Family Day Care.

## Free Triple P Parenting Program available online:

The team from Griffith University and The University of Queensland are working hard to find better ways to support families of young children to develop healthy habits for life. Their exciting new research trial, led by Dr Amy Mitchell (Griffith University), aims to find out whether a brief online parenting program can help families develop healthy screen use behaviours with young children (9 months to 4 years).

Many parents struggle with managing children's screen use, and we need to spread the word about this trial to as many families as possible. Healthy Habits Triple P is an adaptation of the successful Triple P - Positive Parenting Program. It offers practical ideas and support to help parents develop healthy habits with young children by managing their own and their child's screen use, preventing and managing difficult behaviours (e.g., whining, tantrums, demanding screens), and developing healthy screen use behaviours.

Over the next 8 weeks, parents of children aged 9 months to 4 years can access Healthy Habits Triple P online free-of-charge as part of this research project. Parents will be asked to complete 3 online surveys over a 3 month period, as part of the study. Parents complete the program and all assessments from home, with no need to travel. You can find out more about the study here: https://exp.psy.uq.edu.au/screenuse.

Please do not hesitate to contact Sarah if you have any questions, concerns, or require further information.

Sarah Lee - Research Coordinator, Healthy Habits Triple P Study

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#### Signing In/Out

Some families have commented they can't find their child when they sign in each day. Please note there are two separate log ins for children... Preschool and Long Day Care. Children who are eligible for two days of state funded free Preschool sign into Preschool program with all other children and children attending more than two days signing into the federally funded long day program. If you can't find your child, please check the other iPad or QR Code. If you still can't find your child's name please see Preschool staff. Thank you.

### Preschool T-Shirts

We have Bermagui Preschool T-shirts available at Preschool in a range of colours and sizes. Children learn through their senses and active hands on experiences, which are quite often tactile, messy and of course lots of fun!!! A Preschool T-Shirt is a great idea so good clothes from home don't get dirty or stained. T-shirts are \$20 each, please see staff if you would like to purchase.

# Thankyou 🔞:

- > Tenielle (Skadi's mum) for donating bilibo's and clothes to our Preschool
- People who signed our letter to BVSC re: safe road crossings. The information has been forwarded to BVSC.

## Sad Farewell to Jason Campbell

Most people will be aware by now that Bermagui lost a very special person recently. Jason Campbell passed away suddenly on Thursday 2nd March. He was 45. He is survived by his mum Alma, his siblings, his wonderful children Khiana, Clayton, Ash, Stonie, Raiyn, Thomas and Ayrlia, his partner Libby and his extended family.

An original descendant and Traditional Owner from Bermagui, Jase was adored by so many members of the broader community. His gentle, positive nature made him a pleasure to be around, and he was a caring friend to many. Jase was a wise and genuine person, with a killer smile and great sense of humour.

Jase was a carpenter by trade. He loved his culture, his family, his friends, his community and his golf. You would often see him cruising up Bunga street in his little orange buggy on his way home after a day on the course, often with his good mate Steve. Jase had just travelled to WA to compete in a golf tournament and was heading off to Darwin for another competition soon. In January 2021, he organised the first Aboriginal Golf Competition day at the Bermagui golf course which was a huge success, with people coming from all across the state.

Tragically, Jase lost his family home at Coolagolite, and all his belongings, in the Black Summer bushfire. He has been in temporary accommodation in Bermagui since then and was still working toward a rebuild on the property.

Jase was a very talented artist - you may recall his large series of carved timber panels featuring cultural imagery and stories that were displayed in the Bermagui library foyer for a number of years. Those panels, co-created with his friend Rob Fitzclarence, are currently installed at the Bega Valley Commemorative Civic Centre building in Bega for all to enjoy. Jase also contributed to the cultural installations at Murunna Point with Rob and others.

Jason loved his family. This Go Fund Me campaign has been set up, with the blessing of Jason's immediate family, to help contribute to the substantial funeral costs and other expenses they now face. Please share this fundraiser link and donate if you can to help Jason's family through the coming months and this very sad time. https://gofund.me/97dd03e9

Bermagui Preschool is sending love and support to Jason's family and friends during this time. He will be missed dearly.

