

BERMAGUI PRESCHOOL SLEEP MONITORING CHART FOR BABIES, TODDLERS & PRESCHOOLERS

Date:	FRIDAY																							
	SLEEP MONITORING CHART FOR BABIES, TODDLERS & PRESCHOOLERS (Direct visual and breathing check done at least every 15 minutes)																							
	Adrian	Cameron	Cooper	Cove	Delilah	Erin	Eva	Frida	Harry	Huxley	Ilona	Isla	Khloe	Laila	Lily	Nicholas	Parker	Remy	Sailor	Sally	Tarah			
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17:00	All children to be woken up if still asleep at 5pm																							
Notes/Comments:																								