

# Bermagui Preschool Newsletter - 24<sup>th</sup> July 2017



## Important Dates

|  |                                     |
|--|-------------------------------------|
| ☺ Start of Active Kids Sports Program:     | Monday 24 <sup>th</sup> July        |
| ☺ Nature Schools Program:                  | Monday 28 <sup>th</sup> August      |
| ☺ Official Opening of New Pre School Room: | Friday 22 <sup>nd</sup> September   |
| ☺ End of Term 3:                           | Friday 22 <sup>nd</sup> September   |
| ☺ Start of Term 4:                         | Monday 9 <sup>th</sup> October      |
| ☺ End of Term 4:                           | Wednesday 13 <sup>th</sup> December |

## What's on at Preschool

This term our program focuses will include "Active Kids Sports Program (including Kinderkick)", "Nature School Program" and "Exploring Science". Families with children in the Bidhu Room (4-5 year olds) are asked to complete and return excursion permission notes. If you have any ideas that you would like to see included, we would love to hear from you.

## Help with our Chook Enclosure

We are excited to have chooks at Bermagui Preschool!!! This is a great opportunity for our children to further learn about sustainability, lifecycles and so much more. We are needing help to make an enclosure for the chickens. If there are any handy mums, dads or friends out there that could help with this project it would be greatly appreciated. Donations of netting, screen door, posts, brush fencing or any other chook enclosure building materials would also be greatly appreciated. Please see Preschool staff if you can help.

## Wanted

OSHC are looking for the donation of a stroller/pram and also an infant booster seat, if you or someone you know can help out, please see Kerry or Caitlin, thanks!

## StePS Vision Screening

The StePS program is an initiative of NSW Health and offers all 4-year old children free vision screening. They will be at Preschool on Wednesday 9<sup>th</sup> August, 10.30am to screen children who have returned the consent forms distributed earlier in the year. Please see Narelle if you have not completed and returned the screening consent forms for your child.

## Fees

Fee statements for Term 3 will be issued this week with fees being due on Friday 11<sup>th</sup> August. Please see Narelle or Kirsty if you have any concerns regarding fees.

## Thankyou

- ☺ Bermagui Seaside Fair Committee: For a \$400 donation for our Outdoor Science Centre

South Coast History Society Inc.  
**Recollections**  
Issue 3, August 2017



The  
South Coast's  
FREE History  
Magazine

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A worker on the Narranbidge  
Estate near Carahbee. The  
photograph hangs in the  
library hall on the left.



The Wharf at Bermagui, c 1897 Photograph by W H Corkhill, nla.obj-140288810

# Discovering the history of Bermagui & Recollections #3 launch Fri 28 July 10.30am

Join Peter Lacey (President, South Coast History Society), Allan Douch (President, Bermagui Historical Society) and Chris Franks (President, Montreal Goldfield) at Bermagui Library as they discuss the town's rich history.

The event will also launch issue 3 of Recollections, the South Coast's Free History Magazine.

RSVP online at [begavalleyshirelibrary.eventbrite.com.au](http://begavalleyshirelibrary.eventbrite.com.au) or  
at Bermagui Library 6499 2411



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Bermagui  
library

## Language Development

We have had a few families asking questions about their child's language development. It is important to remember that all children are unique and develop at different rates. If you are concerned about your child's language development, please see Preschool staff or contact one of the following:

| Service                      | Information   | Contact   |
|------------------------------|---|---|
| Your Local GP                |   |   |
| Community Health Services    | Speech, Hearing, Physiotherapy, Occupational Therapy, Child & Family Services, Immunisation | 6492 9620 (Bega)<br>1300 131 562 (General Intake) |
| Sharon Newman (Narooma)      | Speech  | 02 4474 1948                                      |
| Vivienne Freestone (Pambula) | Speech  | 02 6495 6541                                      |
| Laura Harvey (Moruya)        | Speech  | 02 4475 0800                                      |

Here are a few tips on how to encourage your child's language development...

1. **Talk, talk, talk.** Narrate the day as it evolves. Tell your child, for instance, "Now we're going to take a bath. Can you feel the warm water on your belly? When we dry off, we'll get dressed and take a walk."
2. **Read, read, read.** It is never too early to read to your child. One good predictor of future reading success is the amount of time parents spend reading with their child. Parents can start with simple board books and graduate to picture books and longer stories as their child gets older.
3. **Enjoy music together.** Young children love music and movement. When they listen to lively songs, like "Old McDonald Had a Farm," they learn about the world around them and the rhythm of language.
4. **Tell stories.** Make up elaborate stories with characters, conflict, adventure, and a happy ending. Be sure that the stories fit your child's interests and are not too scary for her liking.
5. **Follow your child's lead.** If your little one seems interested in a particular picture in a book, keep talking about it. If she seems intrigued by a boat, show her more boats and talk about them, too. Repeat her babbles back to her, ask questions, and interact with her. You can even try recording your child on a tape recorder and playing it back.
6. **Never criticize your child's articulation or speech patterns.** Instead, repeat his statements back to him with the correct pronunciation or word usage. Give your child lots of praise for his efforts.
7. **Use television and computers sparingly.** The Academy of Paediatrics recommends that children younger than 2 not watch television at all, and that children 2 and older view no more than one hours of quality programming a day. While some educational programs can be beneficial to kids, TV shows do not interact with or respond to children, which are the two catalysts kids need to learn language. Computer games are interactive, but they are not responsive to a child's ideas.
8. **Treat ear infections thoroughly.** Children in group child-care situations are more prone to ear infections, which can put them at risk for hearing loss and, consequently, language delays. If your paediatrician prescribes an antibiotic to treat an infection, make sure your child takes the correct dosage each day and uses it for the full prescribed time. When your child finishes the prescription, schedule a follow-up visit with your paediatrician to make sure the infection has cleared.