

# Bermagui Preschool Newsletter – 1<sup>st</sup> September 2017



## Important Dates

☺ Nature Schools Program:	Mondays in September
☺ Official Opening of New Pre School Room:	Friday 22 <sup>nd</sup> September, 4pm
☺ End of Term 3:	Friday 22 <sup>nd</sup> September
☺ Start of Term 4:	Monday 9 <sup>th</sup> October
☺ End of Term 4:	Wednesday 13 <sup>th</sup> December

## What's on at Preschool

Our Nature School Program has started on Mondays. If you have any ideas that you would like to see included in our program, we would love to hear from you.

## Bermagui Preschool Official Room Opening and 40th Birthday

See attached note

## Preschool Photos

It's that time of year again when we bring out our biggest smiles... The photographer from Little Images Photography will be visiting the Preschool on Monday 11<sup>th</sup> and Tuesday 12<sup>th</sup> September. He will be taking individual portraits, group photos and action shots of the children. Children not attending on these days are welcome to join us at 9.00am to have their photos taken (i.e. children who attend on Wednesday, Thursday or Fridays). If you would like a family photo with siblings who do not attend Preschool this can also be arranged for 9am, but please see staff to organise this.

Order forms and payment envelopes are attached to this newsletter. The forms and payment must be returned to the preschool by Monday 11<sup>th</sup> September. Parents should contact the preschool if they do not wish their child to be included. For further information, please see staff or contact Little Images at [www.Littleimages.com.au](http://www.Littleimages.com.au)

## Dental Program

Pambula Community Health Centre Dental Services are now offering to do an oral health promotion session, dental assessments on the children's teeth and apply fluoride varnish here at Bermagui Preschool. Vanessa from the Dental Service will be visiting our Preschool on Tuesday 5<sup>th</sup> and Wednesday 6<sup>th</sup> September from 10am. Please see attached note and consent forms. For further information email: [Vanessa.Causer@health.nsw.gov.au](mailto:Vanessa.Causer@health.nsw.gov.au)

## Food Scraps

We have food scraps from our healthy lunches and cooking programs that are available for families. If you have chooks or need compost you are welcome to take these scraps... see staff for further information. Thank you for helping us to be a sustainable Preschool.

## OSHC Clothing for Excursions

A reminder from Kerry and Caitlin to pack appropriate clothing for their after school excursions, especially with the chilly wind that is still blowing most afternoons.

## Wood for Signs

We are looking for some beautiful pieces of wood/ timber to create 3 signs for the entrance to our Preschool and rooms. Each piece would ideally be approximately 30cm x 100cm, hardwood and able to be wood burned or carved with the words Bermagui Preschool, Bidhu Room and Bungaree Room.

## Lost Property

One of our little friends has lost a pink puffer vest. If you have seen this item of clothing please let staff know.

## CRABS Duck Race

Bermagui Preschool has a giant inflatable duck to race at the CRAB's (Cancer Research Advocate Bikers) Duck Race. We need a volunteer to help steer our duck to the finish line down the Bermagui River, on Sunday 10<sup>th</sup> September 11am - 2pm. Please let us know if you are keen to ride in the duck!

## New Faces at Preschool

You may have noticed a few new faces at Preschool. We would like to welcome our Casual Educators Rebecca (Diploma of Children's Services), Tracey (Cert III in Children's Services) and Meg (Diploma of Children's Services) and thank them for supporting the smooth running and consistency of our program.

We also have the following people visiting us for Student Placement... Julie, Emily & Belinda. Thank you for making them feel welcome.

## Fees

Reminder statements for Term 3 have been issued, with fees now overdue. Please see Narelle or Kirsty if you have any concerns regarding fees.

## Get More Skills: Good Life Workshop

A workshop for people with disability, their families and carers. Tuesday 12<sup>th</sup> September, 10am-2.30pm, Club Narooma. Ph: 1800 144 653 or visit [www.mychoicematters.org.au](http://www.mychoicematters.org.au) for more information.

## ReBoot in Bermagui

It's on again on Saturday 23<sup>rd</sup> & Sunday 24<sup>th</sup> September 2017 with the FUN RUNS/WALK on Saturday morning. If you are a 'beginner' runner and want to go give it a GO, we are able to offer you the free: "COUCH to 5km" 8 week running training program with local runner Ross Scott. 2 sessions per week - call Ross on 0419 212 565. Open to everyone young and old. SO MUCH FUN - give it a go! Register for the runs and other ReBoot events at: [www.rebootinBermagui.com.au](http://www.rebootinBermagui.com.au)

## Woolworths Earn and Learn

Thanks to families and community members donating their Earn and Learn stickers to our service in previous years, we have added some beautiful resources to our Preschool. Earn and Learn is now back and our collection box is at Bermagui Woolworths, so please think of us when you are deciding where to put your stickers - your donations make a really big impact to our Preschool and the toys and resources we get are really enjoyed by all our children.

# Bermagui Preschool Celebration!!!

Bermagui Preschool is celebrating 40 years of providing quality Early Childhood Education to the children and families of Bermagui and beyond!!! We are also celebrating the officially opening of our new Preschool Room.

Dress up in your favourite 70's gear, step back in time and come and help us celebrate our amazing achievement and milestone.



All welcome... See you there

When - Friday 22<sup>nd</sup> September 2017, 4pm- 6pm

Where - Bermagui Preschool, 27 Young St, Bermagui.

Welcome to Country, Afternoon Tea, Cake, 70's Fancy Dress, Photo Gallery/ Memory Lane, Preschool Tours, Face Painting, Music, Preschool Activities & Entertainer, Raffle, Fun!!!

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## RSVP

Please detach and return to Pre School by Friday 15<sup>th</sup> September 2017  
or phone 64 934 183 or email [bermikids@hotmail.com](mailto:bermikids@hotmail.com)

My family will be attending the **Bermagui Preschool Celebration**  
on Friday 22<sup>nd</sup> September @ 4pm.

Child's Name: \_\_\_\_\_

Number of Adults: \_\_\_\_\_ Number of Children: \_\_\_\_\_

I will bring the following food to share: \_\_\_\_\_

Staff from Pambula Dental Clinic, Southern NSW Local Health District would like to invite the children at Bermagui Preschool to participate in a Fluoride Varnish program aimed at improving oral health. The program involves an oral health education session for the students, an oral examination and the application of a fluoride varnish to their teeth.

### **What is fluoride?**

- Fluoride is a mineral that can be found naturally in sea water, soil and air.
- Fluoride can help strengthen the enamel of teeth.
- Fluoride plays an important role in the prevention tooth decay and/or slowing its progression.

### **Fluoride and oral health**

- Tooth decay occurs when the bacteria in your mouth utilise sugars and starches in foods/ drinks to produce acids. These acids can cause minerals to be lost from the surface of teeth. This is called demineralisation.
- When demineralisation occurs repeatedly over time, a cavity (hole) is formed
- Fluoride can help repair the damaged tooth enamel by remineralising and strengthening teeth to resist future acid attacks.
- Fluoride Varnishes are mainly used as a decay prevention tool for young children and people at a high-risk of tooth decay.
- Fluoride Varnish has a sticky, liquid consistency. It contains fluoride in a resin base.
- Fluoride Varnish is a topical fluoride. It is applied directly to tooth surfaces with a small brush. It makes the outer layers of enamel more decay resistant and speeds up the remineralisation process.
- Applying the varnish takes less than two minutes. This is ideal for young children, those who are nervous or who have special needs.
- Oral health therapists would facilitate this project within your centre twice a year.

A Parent/Guardian consent Form for each child will be sent out prior to our visit. This form must be returned complete for the child to participate.

If you have any further queries or confirm that you would like to participate please contact us via email: [Vanessa.Causer@health.nsw.gov.au](mailto:Vanessa.Causer@health.nsw.gov.au). A staff member will then contact you to arrange delivery of consent forms and schedule suitable dates.

Pambula Dental Team